



OSEC MIDDLE SCHOOL ELECTIVE DESCRIPTIONS

2025-2026

Drama

Students examine the various dimensions of characters through analysis, discussion, and classroom performance. Working with scripts from a variety of time periods and cultures, students will engage in Improv and other theatrical exercises to inspire a love of performance art.

Math Game Design and Olympiad Strategy

In Math Game Design, students will challenge themselves in game design. Students will explore various math topics and collaborate to develop interactive scenarios through game-based trails. Strategy for Competition Math will be incorporated.

Mindfulness, Self- Care, and Life Skills

Students will deepen mindfulness through activities to manage stress and anxiety, self-consciousness, body awareness, and social interactions. Life skills will be learned to enhance holistic self-care.

American Law

Students who are interested in learning about different types of law, specifically civil and criminal law would learn how a trial works, proper court etiquette, how to introduce evidence, how to voir dire a witness, make proper objections and how to argue a case, etc. Students will experience mock cases to practice their skills. This course would be taken by students who have an interest in law as a lawyer, judge, political official, or even just a curious citizen.

Team Sports

Students will play team sports such as soccer, volleyball, pickleball, flag football and basketball, developing knowledge of offensive and defensive strategies, tactics, appropriate social behaviors within a team or group setting.



Science Exploration and Olympiad Strategy

Scholars will explore the excitement of Scientific Methodology through STEM related activities in this elective geared toward preparing for competition. Whether this is related to career choices or practicing competing in any of the Science Olympiad categories, students will experience the wonder of science.

Coding: Unlock the Digital World!

Have you ever wondered how your favorite games are made, how websites pop up on your screen, or how computers talk to each other? This exciting elective will pull back the curtain and show you the magic behind the technology you use every day! We'll explore the building blocks of coding, learning how to give instructions to computers to create simple animations, stories, and maybe even your first basic game.

Creative Writing

Students will explore the written word through writing inspired by personal experiences, art, and other muses. This workshop style course will encourage students to create, innovate, and share prose with others to strengthen critical thinking, writing skills, and imagination.

Art Design

This course will introduce students to basic principles design, concepts, and vocabulary used in art. Exploring the value of historical and contemporary art will inspire students to create and imagine individual pieces.

Model UN (MUN)

Model UN is an educational simulation of the United Nations to teach students about diplomacy, international relations, global issues and how the United Nations is run. Delegates assume roles of representatives of countries, organizations, or individuals to collaborate and present global issues. It fosters public speaking, debating, writing, critical thinking, teamwork, and leadership to encourage civic engagement.